

## **Chapter 11 – Flexibility, work-life balance and wellness**

Work-life balance articles on HRM Guide:

Australia – <http://www.hrmguide.net/australia/worklife>

Canada – <http://www.hrmguide.net/canada/worklife>

UK – <http://www.hrmguide.co.uk/worklife/>

USA – <http://www.hrmguide.com/worklife/>